COVID-19 School Exclusion Recommendations

Montgomery County Office of Public Health

Exclusion From and Return to School Recommendations

COVID-19 Symptoms	Individual should be tested for COVID-19.

• **Two** of the following symptoms: fever (measured or subjective), chills, fatigue, myalgia, headache, sore throat, congestion, nausea, vomiting, or diarrhea **OR**
 	
 • **One** of the following symptoms: cough, shortness of breath, difficulty breathing, or new loss of taste or smell
	• If test result is negative **OR** doctor's note with differential diagnosis, return to school after 24 hours afebrile **and** improved respiratory symptoms
	 • If test result is positive or individual is unable/refuses to get tested, may return to school after:
	   ➢ 24 hours with no fever **and**
	   ➢ Improvement in symptoms **and**
	   ➢ 10 days since symptoms first appeared

	WITH SYMPTOMS	**WITHOUT SYMPTOMS**
Positive COVID-19 PCR or Antigen (Point of Care) Test	May return to school after: • 24 hours with no fever **and** • improvement in symptoms **and** • 10 days since symptoms first appeared	May return to school after: • 10 days after specimen was collected *If symptoms develop during the 10 days, follow return to school guidance for positive PCR or Antigen test **with** symptoms
Close Contact to Positive* • **Within 6ft for 15 minutes or more** • **Household contact** *If testing resources are sufficient, close contacts should be tested regardless of symptoms	Individual should be tested for COVID-19 May return to school after: • 24 hours with no fever **and** • improvement in symptoms **and** • 10 days since symptoms first appeared	Quarantine can end 10 days after exposure without testing **or** after 7 days with a negative PCR or antigen test (must be collected on day 5 or thereafter) • Household contacts may require further investigation, by either OPH or school officials, to determine dates of quarantine *The most protective recommended quarantine remains 14 days post exposure.* *It is recommended that symptom monitoring continue until day 14. If symptoms develop during the 14 days, follow return to school guidance for Close Contact **with** symptoms
****PA Travel Mandate** • **Critical workers are encouraged to wear both a face shield and mask and social distance, if unable to quarantine**	If symptoms develop during the 14 day return to PA, follow return to school guidance for COVID-19 symptoms	A negative COVID-19 test must be completed within 72 hours prior to entering PA • If an individual is unable to get a test or chooses not to get a test, they must quarantine for 10 days upon arrival in PA • Or a 7 day quarantine with a negative test on or after day 5 of quarantine *This does NOT apply to travelers under age 11 or people who commute to and from another state for work or medical exemption. For more information, click here* *It is recommended that symptom monitoring continue until day 14

Designated Contact Information for Schools
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